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EDUCATION

University of Southern California
Master of Social Work
May 1998

University California, Los Angeles
Bachelor of Arts in Sociology
Specializations: Chicana/o Studies and Social Psychology
June 1995

CURRENT POSITION

October 2015 – Present

Center for Clinical Innovations and Wellness
Director/Founder

External Field Instructor/Learning Coordinator/Training and Clinical Consultation
Whittier, CA

Establishment and coordination of clinical training sites within human service agencies. Supervision of MSW Interns. Coordination of learning, through individual and group supervision. Integration of theory and practice in field learning. Completing student intern evaluations and interfacing with School of Social Work Liaisons for purposes of optimizing student learning.

Engaging Executive Management Teams in needs assessment processes that will identify paths to optimize workplace and staff productivity. Development and facilitation of staff learning and work wellness workshops. Leading multi-disciplinary learning. Development and implementation of curricula that addresses agency needs. Coordination of work wellness and development of strength-based work protocols. Individual and group therapy. Clinical supervision and consultation. Provision of individual, family, and group therapy. Completion of comprehensive assessments, addressing psycho-social, substance use, and legal compromise, with focus on developing a service plan that will assist with emotional regulation and wellness.

January 2002 – Present

Counseling4Kids
Clinical Consultant
Torrance, CA

Provision of comprehensive psycho-social assessments, including children and their families, in conjunction with the Department of Children and Family Services. Service and treatment recommendations presented to clinical and legal teams convening at Dependency Court. Engagement of a multi-

disciplinary team, serving as mental health expert, and addressing best practice treatment options for children and adults.

Provision of in-home individual and family therapy to severely, emotionally disturbed children. Utilizing a Trauma Focused, Cognitive Behavioral Therapy and Seeking Safety evidenced based treatment model to intervene with children impacted by family violence, and other trauma experiences, including but not limited to sexual, neglect and physical abuse. Educating parents and caregivers on the emotional aftermath associated with violence, and provide a foundation in which symptoms can be better recognized and understood. Through both individual and family therapy, equipping children with the skills needed to specifically address trauma, as well as learning those methods improving functioning through use of coping skills.

PROFESSIONAL EXPERIENCE

December 2006 – June 2017

Kaiser Permanente, Watts Counseling and Learning Center
Field Instructor (MSW Program)
Senior Psychiatric Social Worker
Los Angeles, CA

Responsible for the supervision and educational training of student interns from eight Los Angeles area Graduate Social Work Schools. Provision of group and individual supervision. Training according to California Board of Behavioral Health and Council of Social Work Education standards. Development of educational modules for purposes of training Master level social work students on the practical applications of clinical social work practice. Responsible for coordination of Field Liaisons visit to the field site. Intervene, as required and necessary, when students are failing below academic and practical application expectations. Ensure the completion of evaluations, to include the integration of specific feedback to students, so that their learning is enhanced. Facilitation of training on completing psychotherapeutic interviews, individual, group, and family therapy. Provision of direct services, including but not limited to individual, group, family, and crisis intervention with focus on treating symptoms due to partner and family violence.

July 2004 -- November 2005

Tri-City Mental Health Center
Program Manager
Training, Quality Assurance and Ethnic Services
Pomona, CA

Identified and coordinated clinical training for clinical staff, to include MSW interns. Collaborated with Southern California Schools of Social Work, to include field liaisons, with focus on building training programs that will best meet the needs of students. Guided the coordination of specific training courses, and with the guidance of student interns, ensuring innovations in their learning. Developed and implemented systems for agency-wide utilization review. Conducted audits to ensure the compliance with Title 9 and the Rehabilitation Option (Los Angeles County Department of Mental Health.) Participated in the Strategic Planning process, establishing agency goals and management of outcomes. Participation in the Utilization Review process. Developed and delivered training on a variety of best practice topics, including treatment planning, engaging difficult consumers, and collaborating treatment efforts with community providers. Designed an audit tool to assess documentation compliance. Responsible for the clinical supervision of pre-licensed interns.

May 2003 – July 2004

Tri-City Mental Health Center
Program Manager
Intensive Child Outpatient Services
Pomona, CA

Program development and implementation of innovative models for Child Outpatient, community-based, school, and Wraparound services. Responsible for the oversight of agency partnerships. Collaboration with the Chief Executive Officer in program design and enhancement. Contract management and Units of Service tracking. Interfacing with Quality Assurance and Research Departments in the collection of data for funding purposes. Provision of clinical technical assistance to community based providers, to include documentation review, compliance, and adherence to “best practice” models. Development of Policies and Procedures for clinical, as well as day-to-day operations. Management of contracts within and outside of Southern California. Recruitment and management of direct service staff. Coordination of internal and community training.

August 2000 – May 2003

Tri-City Mental Health Center
Program Supervisor
Substance Abuse Treatment Services
Pomona, CA

Program development and implementation of innovative models for substance abuse prevention and treatment among adolescent and adult consumers. Development of community outreach programs with emphasis on special populations, including gay and lesbian communities, older adults, IV drug users, and sex industry workers. Research and pursuit of funding for new prevention and treatment programs. Management of Departments of Health and Mental Health contracts. Development and implementation of instruments to track client progress and trends in treatment. Participation in county-wide drug and alcohol prevention and treatment planning. Recruitment and management of direct service staff. Coordination of internal and community training.

February 2000 – August 2000

Tri-City Mental Health Center
Clinical Supervisor
Substance Abuse Treatment Services
Pomona, CA

Supervision of a team of substance abuse counselors, mental health workers, and case managers. Assist with and oversee the planning of treatment for consumers with multiple challenges. Program development with emphasis on dually diagnosed and chemically dependent adolescent and adult consumers. Coordination of staff meetings to promote programming, problems solving, and ongoing professional development. Responsible for training and the retention of qualified clinical staff. Participation in community meetings and planning. Development of internal trainings to educate staff throughout the agency of issues related to addiction disorders.

March 1999 - February 2000

Tri-City Mental Health Center
Outpatient Clinician
Adult Systems of Care
Pomona, CA

Responsible for conducting psychosocial assessments and development of treatment plans specific to the chronic and severely mentally ill consumer. Crisis intervention and follow up. Facilitation of individual, group, and collateral treatment. Specialization in treating adolescent and adult clients with addiction and dual diagnosis disorders. Development and implementation of multi-family groups to address addiction and mental health disorders for both adolescent and adult consumers. Intensive case management to include linkage to housing, financial, and other community resources.

May 1998 – March 1999

Futuro Infantil Hispano
Clinical Case Manager
West Covina, CA

Delivery of case management services to foster children and their foster/adoptive families. Psychosocial assessments, treatment planning, and resource referrals. Crisis intervention and delivery of Wraparound treatment designed to meet ongoing needs. Collaboration with community and county agencies including Department of Children and Family Services, Regional Centers, and Mental Health clinics.

PROFESSIONAL TRAINING PROVIDED

2017	<u>Cultivating Professional Relationships – From Difficult Conversations to Creative Teaming</u>
2016	<u>From Burn OUT to Bringing IT – Addressing Workplace Stresses and Flow of Work Compromise</u>
2016	<u>Resilient Teaming – The YOU, ME, and WE Approach to Work and Wellness</u>
2016	<u>Building Trauma Informed Care Agencies</u>
2015	<u>Professional Use of Self</u>
2015	<u>The Sanitization of Multiculturalism: Cultural Competencies Revisited</u>
2014	<u>Impact of Trauma on Children</u>
2014	<u>Assessment and Treatment: Survivors of Domestic Violence</u>
2013	<u>Trauma and Cognitive Therapy with Children</u>
2013	<u>Understanding the Use of a Narrative and Trauma Therapy – Benefits of Gradual Exposure</u>
2013	<u>Collaborative Treatment Planning</u>
2013	<u>Advocacy and Resource Skill Building with Adult Consumers</u>
2013	<u>Ethical and Legal Considerations in Social Work Practices</u>
2012	<u>Assessing the Bio-Psycho-Social Needs of Families Impacted by Trauma</u>

2012	<u>Maintaining Boundaries and Professional Roles: Professional Use of Self</u>
2011	<u>Domestic Violence and Family Systems</u>
2011	<u>Assessment and Diagnosis</u>
2011	<u>Trauma Focused Cognitive Behavioral Theory</u>
2010	<u>Attachment Disorders and Substance Abuse/Dependence</u>
2010	<u>Motivational Interviewing – Helping the Client Identify Strengths and Maximize Internal Resources</u>
2010	<u>Understanding Ethical and Legal Responsibilities in Clinical Practice</u>
2009	<u>Co-occurring Disorders and Adolescents</u>
2009	<u>Responsible Documentation Practices</u>
2009	<u>Transference and Counter-transference in the Therapeutic Relationship</u>
2009	<u>Narcotic Use Among Adult Mentally Ill Populations– A Historical Perspective and Changes in Clinical Practice</u>
2008	<u>Assessing Addiction Disorders in Adult and Adolescent Populations</u>
2008	<u>Treating the “Resistant” Client</u>
2008	<u>Treatment Planning: Engaging the Consumer in Goal Setting</u>
2007	<u>Addiction as a Family Disease</u>
2007	<u>Understanding Dual Disorders</u>
2007	<u>Treatment of Neglected Children</u>
2006	<u>Recognizing Risk Factors and Assessing Suicidality among Teens</u>
2006	<u>Legal and Ethical Considerations in Social Work Practice</u>

PROFESSIONAL LICENSES AND AFFLICTIONS

License in Clinical Social Work: LCS # 21031
California Board of Behavioral Sciences
National Association of Social Workers
Sandplay Association of America
CG Jung Institute of Los Angeles

CERTIFICATIONS

Trauma Focused Cognitive Behavioral Treatment – Los Angeles County Department of Mental Health (2014)
Current Topics in Analytic Psychology – CG Jung Institute of Los Angeles(2016)
Individuation Seen In Sandplay – CG Jung Institute of Los Angeles (2017)

SKILLS

- Biliterate Spanish
- Independent, self-starter, and detail oriented
- Excellent written and verbal communication skills
- Proficiency in word processing
- Ability to multi-task
- Sandplay Therapist, Practitioner Level

REFERENCES

- Furnished upon request